



A. Patient History:

1. Name: _____ Date: _____

2. Family Doctor: _____ Consultation Requested by: _____

3. Height: _____ Weight: _____ Date of Birth: _____ Age: _____

4. Chief Complaint: _____

5. Is your problem due to an injury? Yes No Were you hurt at work? Yes No

6. What is the date of injury: ____ - ____ - ____

7. How long has your problem or pain been present? _____

8. Previous doctors seen about this problem: None

Doctor	Specialty	Date	Treatments

9. Hand Dominance: Left Right

10. Injury to: Left Right Both

Arm Shoulder Upper Arm Elbow Forearm Wrist Hand

Leg Hip Upper Leg Knee Lower Leg Ankle Foot

Other: _____

How were you injured? _____

What were you doing when you were injured? _____

Where were you when the injury occurred? _____ Please rate your pain on a scale of 1 to 10: _____

How would you describe the pain? Constant Occasional Sharp Throbbing
 Dull Aching Stabbing

What symptoms are you experiencing? Locking Catching Giving Way Popping
 Grinding Weakness Stiffness Burning
 Night Pain Bruising Tenderness Crunching Noise
 Limping Spasms Swelling Numbness
 Decreased Motion Difficulty Falling Asleep
 Tingling in the Arms Tingling in the Legs

What, if anything, makes your symptoms better?

Brace/Splint Ice Heat Prescription Meds Physical Therapy Elevation An Injection Mobility
 Over-the-Counter Meds Exercise Massage Rest Stretching

Other Alleviating Factors: _____

What, if anything, makes your symptoms worse?

Bending Lifting Pushing Standing Sitting Movement Walking Climbing Stairs Descending Stairs

Other Aggravating Factors: _____

Patient Name: _____

11. Treatments have included:

- No Medicines, Therapy, Injections, Braces, or Casts
- Physical Therapy or Exercise Anti-Inflammatory Meds: _____ Braces
- Massage or Ultrasound Narcotic Medications: _____ Traction
- Manipulation or Chiropractic Tens Unit Cast Cortisone Injections—how many? _____
- Last medication for this problem? _____

12. Tests Done/Date:

X-Ray: _____

MRI: _____

Other: _____

B. Medical History: Please check if you have or have had any of the following: None

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Stroke | <input type="checkbox"/> Heart Trouble | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Heart Valve |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Osteoarthritis | <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Gout |
| <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Seizures | <input type="checkbox"/> Mental Illness | <input type="checkbox"/> Neuropathy |
| <input type="checkbox"/> Kidney Trouble | <input type="checkbox"/> Kidney Stones | <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Hepatitis |
| <input type="checkbox"/> Lung Disease | <input type="checkbox"/> Serious Injuries | <input type="checkbox"/> HIV or AIDS | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Phlebitis | <input type="checkbox"/> Anemia | <input type="checkbox"/> Acid Stomach | <input type="checkbox"/> Stomach Ulcers |
| <input type="checkbox"/> Liver Trouble | <input type="checkbox"/> Thyroid Trouble | <input type="checkbox"/> Bleeding Disorders | <input type="checkbox"/> Blood Transfusions |
| <input type="checkbox"/> Blood Clots | <input type="checkbox"/> Are you pregnant? | <input type="checkbox"/> Cancer Type of Cancer: _____ | |
| <input type="checkbox"/> Previous Serious Infection or MRSA | <input type="checkbox"/> Metal Allergy/Sensitivity | | |

Please give details of those checked/list any other health problems with details:

C. Allergies: None

Medication/Reaction: _____

D. Medications You Take: None

E. Surgical History: Please List Procedure/Surgeon/Date None

Patient Name: _____

F. Family History: Please check any problems that run in your family.

- | | | | |
|-----------------------------------|---|--|---|
| <input type="checkbox"/> Stroke | <input type="checkbox"/> Heart Trouble | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Bleeding Disorder |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Seizures | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Kidney Trouble or Stones |
| <input type="checkbox"/> Gout | <input type="checkbox"/> Mental Illness | <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Cancer | Type: _____ | | |

Other Family History: _____

G. Social History:

1. Work Status: Homemaker Working Unemployed Retired Disabled Medical Absence
 Light Duty (List Restrictions): _____

Occupation (Current or Most Recent): _____

2. Marital Status: Married Single Cohabiting Widowed Divorced
3. Race: Caucasian African American Hispanic Asian Other: _____
4. Language: English Spanish Bosnia Croatian Chinese Other: _____
5. Ethnicity: Hispanic/Latino Not Hispanic/Latino
6. Tobacco Use: Never Currently Formerly
Tobacco Type: Cigarettes: _____ packs per day for _____ years. Chewing Cigar Pipe
7. Alcohol Use: Never or Rare Social Alcoholic Recovering Alcoholic
8. Drug Abuse: Never Currently Formerly

Drugs Used: _____

H. Review of Systems: Please check any problem you have experienced.

- | | | | |
|---|--|---|---|
| <input type="checkbox"/> Reading Glasses | <input type="checkbox"/> Change of Vision | <input type="checkbox"/> Loss of Hearing | <input type="checkbox"/> Hot or Cold Spells |
| <input type="checkbox"/> Hoarseness | <input type="checkbox"/> Nosebleeds | <input type="checkbox"/> Difficulty Swallowing | <input type="checkbox"/> Morning Cough |
| <input type="checkbox"/> Fever or Chills | <input type="checkbox"/> Heart of Chest Pain | <input type="checkbox"/> Shortness of Breath | <input type="checkbox"/> Swollen Ankles |
| <input type="checkbox"/> Poor Appetite | <input type="checkbox"/> Frequent Rash | <input type="checkbox"/> Abnormal Heartbeat | <input type="checkbox"/> Toothache |
| <input type="checkbox"/> Gum Trouble | <input type="checkbox"/> Stomach Pain | <input type="checkbox"/> Calf Cramps With Walking | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Constipation | <input type="checkbox"/> Frequent Belching | <input type="checkbox"/> Hemorrhoids |
| <input type="checkbox"/> Blackouts | <input type="checkbox"/> Nausea or Vomiting | <input type="checkbox"/> Frequent Headaches | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Ear Pain | <input type="checkbox"/> Nervous Exhaustion | <input type="checkbox"/> Recent Weight Change | <input type="checkbox"/> Frequent Urination |
| <input type="checkbox"/> Get Up Often at Night to Urinate | <input type="checkbox"/> Difficulty Starting Urination | <input type="checkbox"/> Burning Urination | |

Other: _____

If you check yes to any of the above, have you discussed the problem with your primary care physician? YES NO

Reviewed by Patient: _____ Date: _____

Reviewed by Physician: _____ Date: _____